

TILAK MAHARASHTRA VIDYAPEETH, TRUST
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE

VISIT REPORT ON
MATOSHREE OLD AGE HOME



VISIT TO OLD AGE HOME

INTRODUCTION- As part of curriculum college planned & organized visit to old age home at Matoshree old age home, Pune for under the guidance of Dr Madhuri Shelke Principal, TMV, INER , Pune.

AIMS OF VISIT

1. To explore out the physical set up of the institution.
2. To find out the organizational structure of institute
3. To know the how service & facilities provided to them
4. To make them feel special
5. To make them happy & bring smile on their face

OLD AGE HOME ' Old age home is a multi residence housing facilities intended for senior citizen'

INTRODUCTION- We (Ms. Sneha Patil, lecturer TMV, INER & Third year Basic B.Sc nursing students) reached their on 5/10/2023 at 10 am. Firstly, we gathered in the Matoshree hall where manger of institution gave introduction about the institution organization & facilities rendered by them. Later on he gave us the orientation of institution & introduced us to their members. There were 50 Capacity for male & 50 for female elderly. At present 35 elderly male & 45 elderly female in old age home.

The third year basic b.sc nursing students interacted beat the elderly followed by an entertainment program with music action songs & game as well as painting & drawing activity for them. The inmates were very happy & blessed everyone.

It was a joyous occasion with full of satisfaction that the students could bring some rays of happiness among the elderly. It was pleasure witnessing of such wonderful work i.e. unconditional services.

OBJECTIVES OF OLD AGE HOME

1. To help needy aged irrespective of cast or creed . to provide food, shelter & clothing.
2. To provide medical care to improve health
3. To provide companionship, emotional support, occupation & recreational facilities & activities to overcome social isolation.
4. To promote self – confidence

LOCATION – Pune Karve Nagar

BED-100

FACILITIES

1. Proper lighting & drinking water supply
2. It has material for recreation like TV, Library facilities, musical instruments
3. Provide food & cloth to the aged people
4. To provide bed for elders person.
5. To provide all basic need of life
6. Every week routine health check-up is provided.

SPECIAL CARE TO OLD AGE PEOPLE BY GIVING- “ Respect, love & affection”

CONCLUSION - By visiting old age home we gained knowledge about the feeling of the older services & facilities provided to them & how old age home is maintained.

Dr. Madhuri Shelke



Principal

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Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.



Pune, Maharashtra, India
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Maharashtra 411052, India
Lat 18.489064°
Long 73.825894°
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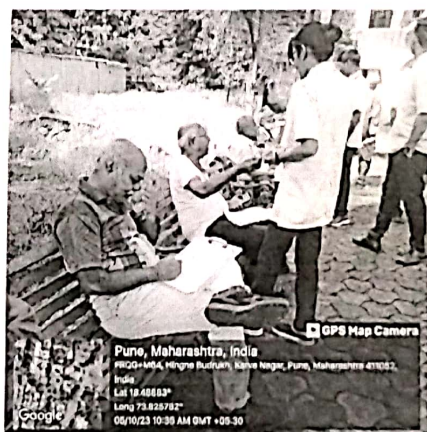
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TILAK MAHARASHTRA VIDYAPEETH
INSTITUTE OF NURSING EDUCATION AND RESEARCH

GULTEKDI, PUNE

“LECTURE SERIES ON STRESS MANAGEMENT”

Organizer: Tilak Maharashtra Vidyapeeth

Venue: First year Class room

Date: 20/10/2023

Time: 11.30-1.00 pm

Participants: Students of Basic Bsc Nursing

Resourceperson: Ms. Madhurani Deshmukh

Under the guidance of Dr. Geetali Tilak, Vice-Chancellor, Tilak Maharashtra Vidyapeeth and Prof. Dr. Madhuri Shelke, Principal (INER) a lecture series was organized on Stress Management students on 20th October 2023.

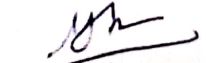
The workshop started welcoming of students and the guest. Principal Madam welcomed all the participant and gave a list of the past events and future events planned for the overall development of students. Prof. Dr. Perpetua Fernandes, Vice-Principal introduced the Guest speaker Mrs. Madhurani Deshmukh Madam. Principal Madam felicitated Mrs. Madhurani Deshmukh with Sampling and memento as token of appreciation. Madam also through her inspiring words encouraged and guided the participants and wished success for the Lecture series. For the workshop 82 students participated enthusiastically.

Later the session started with practical session. Ms Madhurani Deshmukh started with concept of stress and gave task to students to know their different reason of stress. In the second part she introduced two types of stress that is **acute stress** and **chronic stress**.



She gave 4A's for stress management that are **Avoid, Alter, Adapt, Accept**. At the end of the session, she explained importance of counseling in stress management. Students expressed that it was really beneficial for them.

The session ended with vote of thanks proposed by Dr. Perpetua Fernandes and the session ended with group photograph.



Principal

Principal

Institute of Nursing

Education & Research

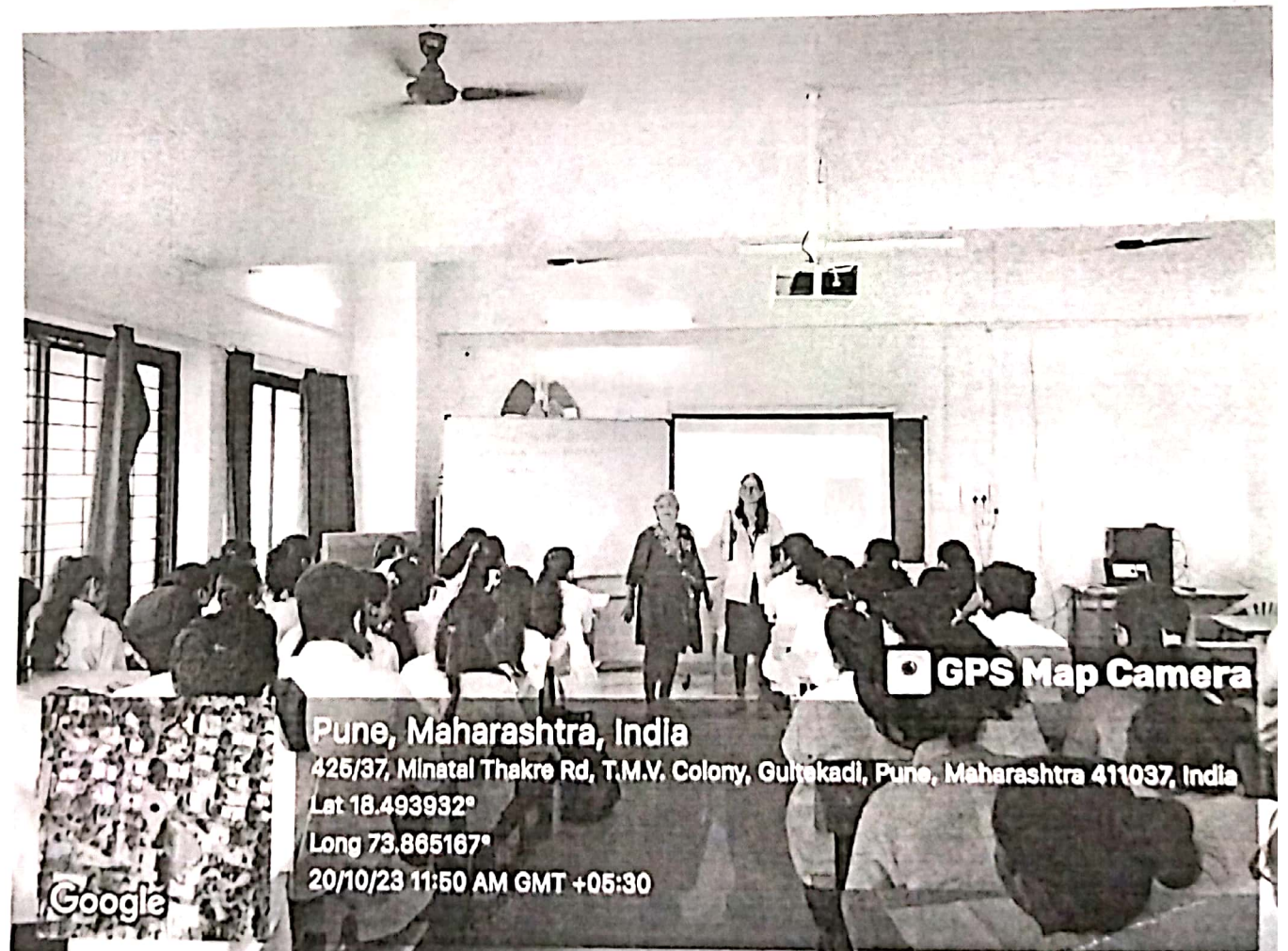
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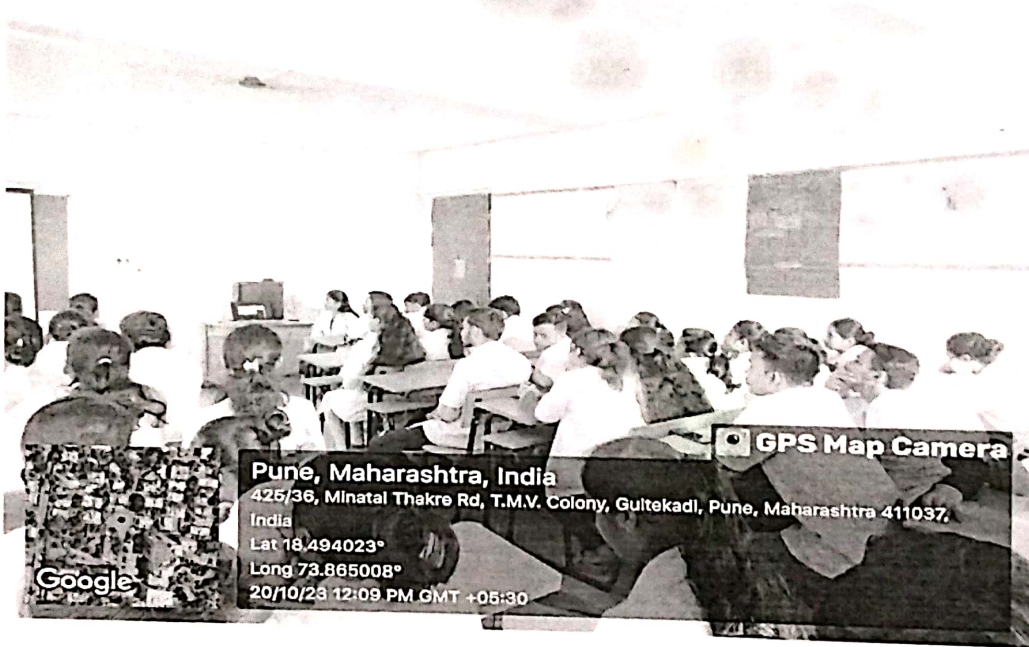
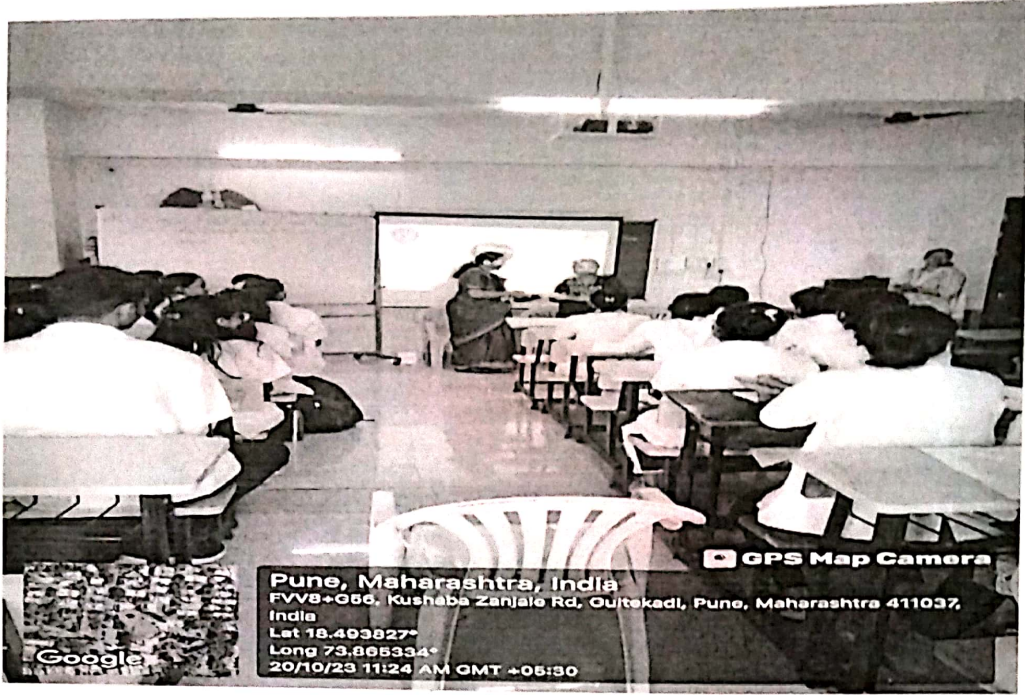
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**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- Seminar on 'World SpineDay'

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE – 20/10/2023 Time – 10 am - 11 am.

PARTICIPANTS: Third semester B.Sc. Nursing Students

SPEAKER: Ms. Pratiksha Aidale

VENUE: Third semester B. Sc classroom.

THEME: "Move Your Spine"

World Spine Day is celebrated on 16th October every year and this year's theme "Move Your Spine" encourages people of all ages, in all nations, to get active and support their spinal health through movement.

Under the guidance of Dr. Madhuri Shelke(Principal TMV, INER, Pune)& Dr. Perpetua Fernandes (HOD MSN), Clinical Instructor Ms. Pratiksha Aidale presented the Seminar. The main objective of this program was to highlight the importance of physical activity for spinal health. Exercise helps to strengthen the muscles and ligaments that support the spine, and it can also help to improve flexibility and range of motion. We started the seminar with introduction about World Spine Day and explained the theme of 2023. Seminar included following points

1. Theme and introduction of the day
2. History behind the celebration of the day
3. Significance of the day

Third semester students have attended the seminar and understood the importance of the day. Students expressed it as informative session. The session concluded with Vote of thanks by Ms. Pratiksha Aidale of Nursing department.



Prof. Dr. Madhuri Shelke

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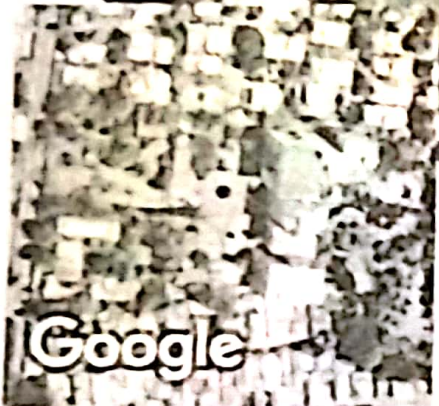


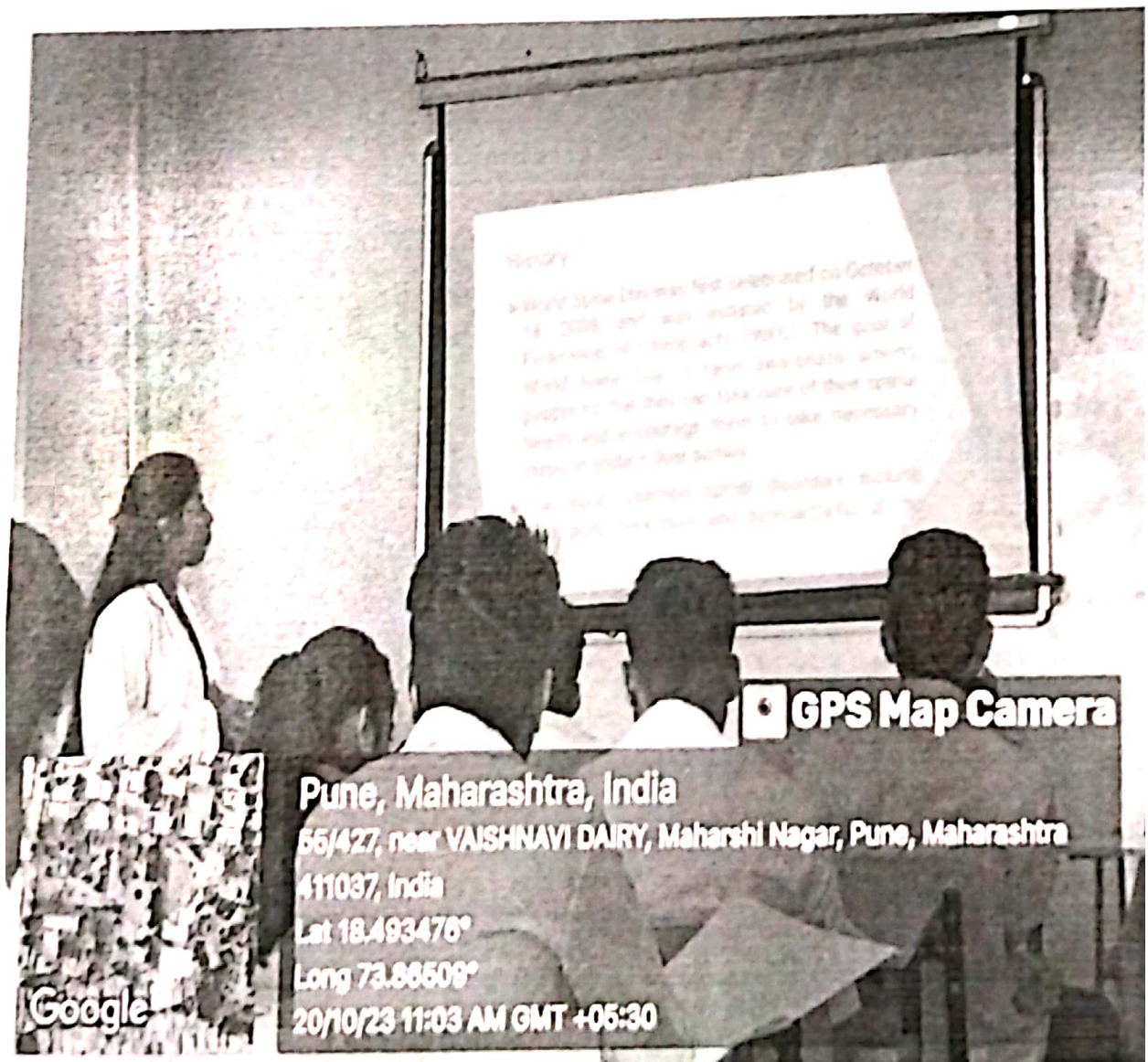
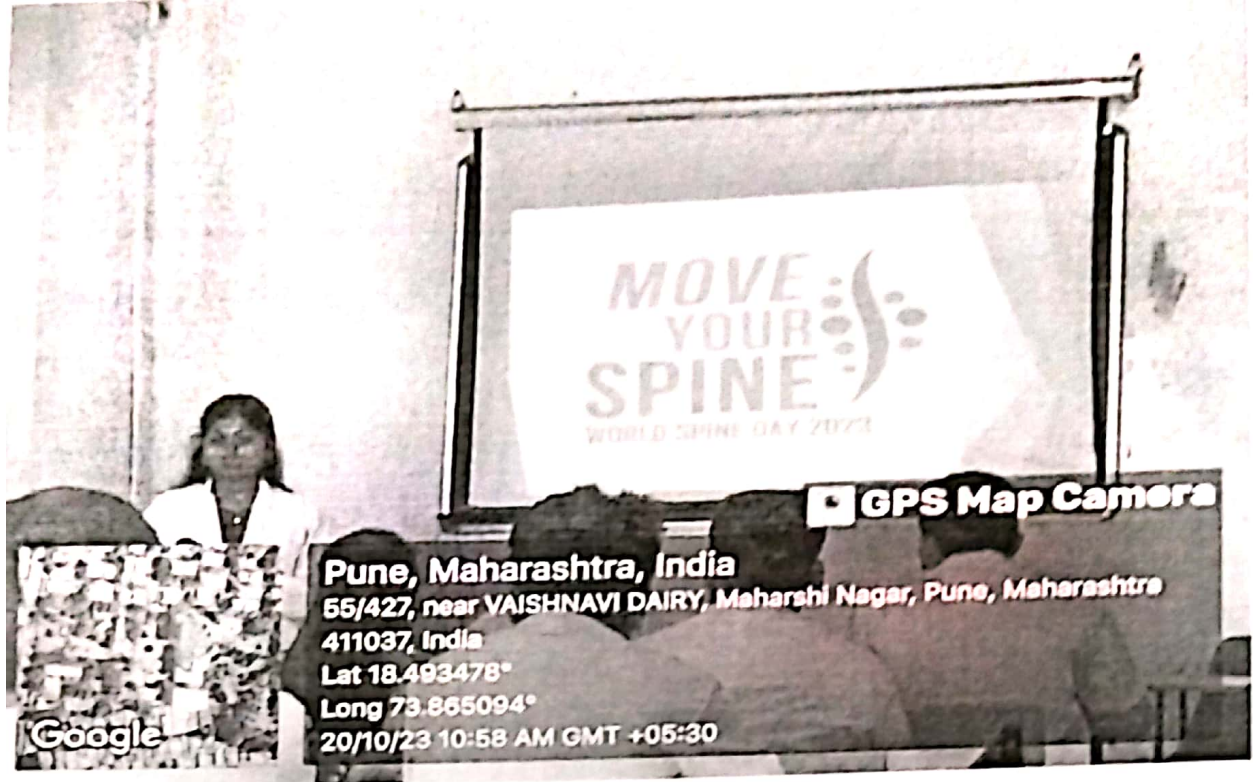
importance

- The global burden of cancer is rising, and the number of cases is set to rise from 19.3 to 28.4 lakh by 2040.
- ...
- ...
- ...

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**TILAK MAHARASHTRAVIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- "GLOBAL HANDWASHING DAY"

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE- 18/10/2023

PARTICIPANTS: Patients

VENUE: OPD, Kamala Nehru Hospital, Pune

Time - 2.00-3.00PM

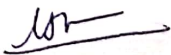
Under the guidance of Dr. Madhuri Shelke (PrincipalTMV, INER,Pune) have conducted the seminar on Handwashing Day The goal of conducting the programme was to create the awareness and to improve hygienic methods among patients and students. Global Hand washing Day 2023 is celebrated on October 15th, and the theme is "**Clean Hands are Within Reach**". This year's theme emphasizes the importance of making handwashing accessible to everyone, regardless of their circumstances.

The stated aims of Global Handwashing Day are to: Foster and support a general culture of hand washing with soap in all societies. Shine a spotlight on the state of hand washing in each country. Raise awareness about the benefits of hand washing with soap. Key Times to Wash Hands. Before, during, and after preparing food. Before and after eating food. Before and after caring for someone at home who is sick with vomiting or diarrhoea. Before and after treating a cut or wound. After using the toilet. After changing diapers or cleaning up a child who has used the toilet. The students gave the health education in the OPD in a musical dance form. Students enacted the following seven steps of Hand washing as follows:-

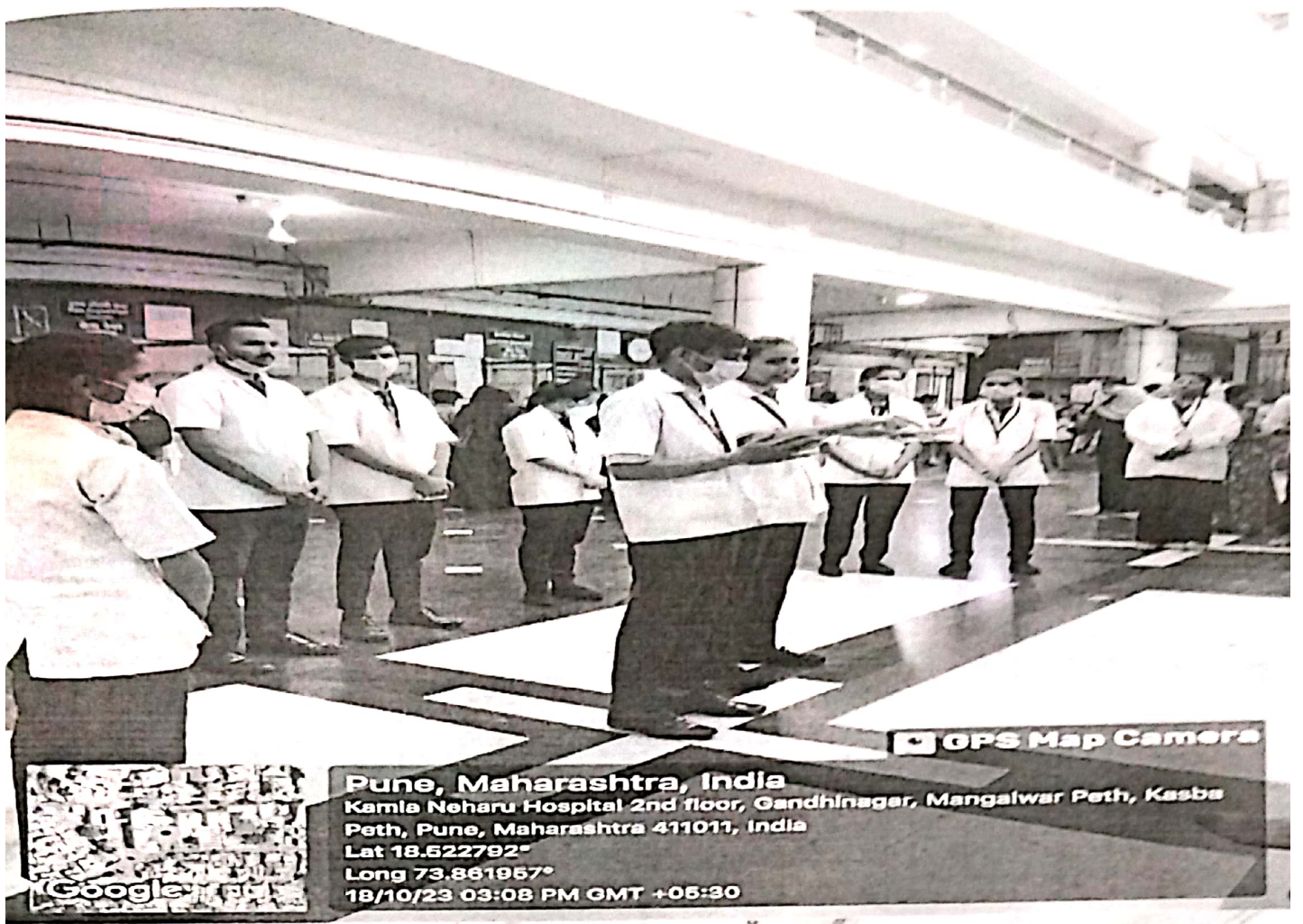
1. Wet your hands with water.
2. Apply enough soap to cover your hands.
3. Rub your hands together.
4. Use 1 hand to rub the back of the other hand and clean in between the fingers. ...
5. Rub your hands together and clean in between your fingers.
6. Rub the back of your fingers against your palms.
7. Rub your thumb using your other hand.

The session was very interactive along with discussion regarding handwashing.

At the end of the Hand washing health education, the effectiveness of was assessed through the question and answers of hand washing procedure to the OPD Patients.


PRINCIPAL
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**TILAK MAHARASHTRAVIDYAPEETH, INSTITUTE OF NURSING EDUCATION
AND RESEARCH, GULTEKADI, PUNE**

Name of the event: State-level workshop on Ego, Mind, and Intelligence -the lethal gang

Organizer: D.E. Society's Smt. Subhadra K Jindal College of Nursing

Venue: D.E. Society's Smt. Subhadra K Jindal College of Nursing

Date and time: 27/10/2023 at 9 am-5.30 pm

Participants: 1st Semester BSc Nursing Students

Speaker: Mrs. Savita Kharat & Sonali Kendre

Topic Addressed:

- Introduction about ego and its significant
- Types of Ego
- Ego impact on self-esteem
- The role of intelligence and definition
- Intelligence relationship with ego
- Mind your mind
- The case study on lethal gang

Tilak Maharashtra Vidyapeeth, Institute of Nursing Education and Research had participated in the workshop on Ego, Mind, and Intelligence -the lethal gang

1st-semester students Under the guidance of Prof. Dr. Madhuri Shelke (Principal, INER, Pune).

The program was attended under the guidance of Prof. Dr. Madhuri Shelke and with the help of faculty members such as Mrs. Savita Kharat, Ms. Sonali Kendre, and 31 students of the first Semester B.Sc Nursing. They were involved in a workshop on ego, mind, and intelligence in the lethal gang. They were aware of ego, mind, and intelligence.

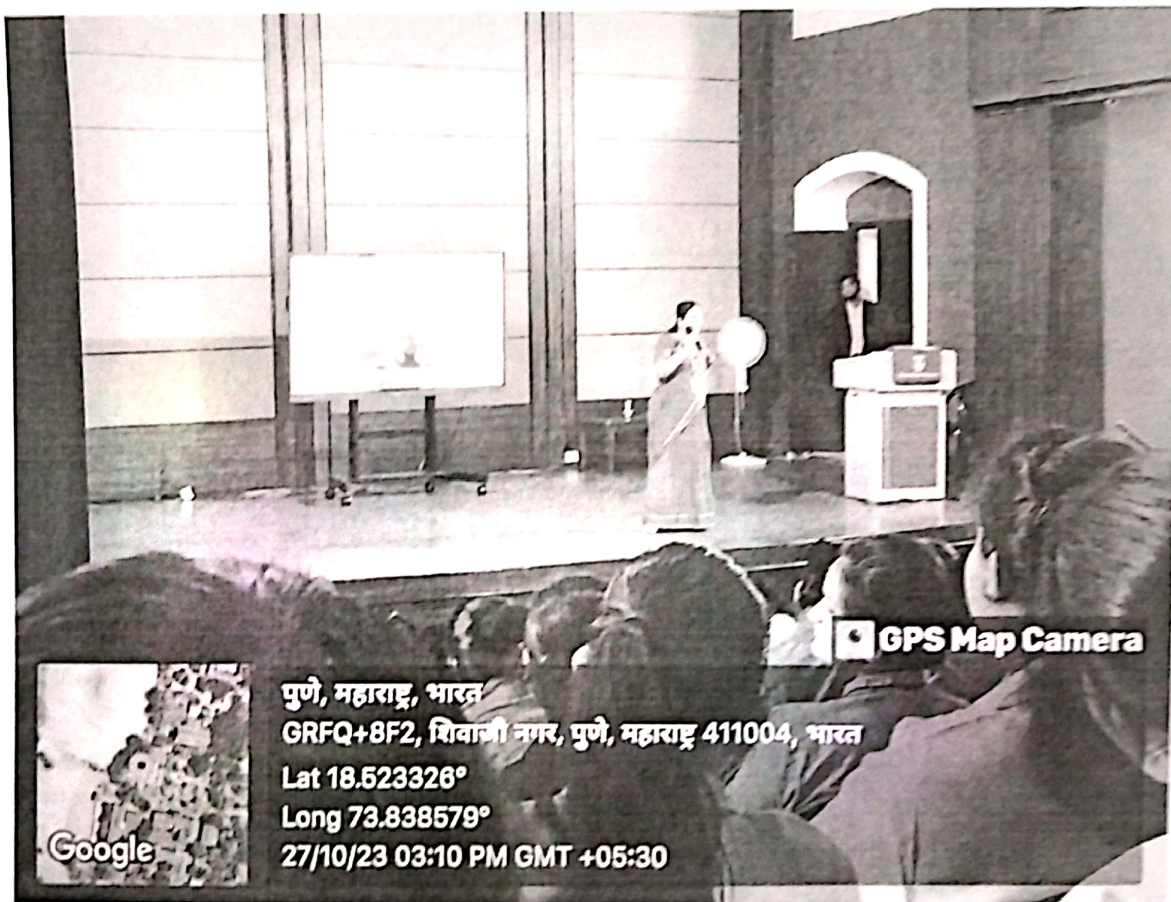
At the beginning of the session, knowledge was assessed by asking pretest questions, about the importance of ego, and mind. After the workshop, the students have increased knowledge regarding ego, mind, and intelligence. After the session, questions were asked to the students to assess the effectiveness of the Seminar. The session ended with a vote of thanks by all speakers.


Principal

Prof. Dr. Madhuri Shelke

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Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.





**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- Model Exhibition on 'World Lung Day'

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE – 03/10/2023 Time – 1:30 - 2:30 Pm.

PARTICIPANTS: Third semester B.Sc. Nursing Students

SPEAKER: Ms. Pratiksha Aidale

VENUE:Third semester B.Sc classroom.

THEME: "Breathe of Life:Healthy Lungs for All"

World Lung Day is celebrated on 25thSeptember every year and is a dedicated to raising awareness of about lungs health and combating lung diseases.

The main objective of this program was to emphasize the importance of accessible and equitable lung health care for every individual, regardless of their socioeconomic background or geographic location.Under the guidance of Dr. Madhuri Shelke(Principal TMV, INER, Pune)& Dr. Perpetua Fernandes (HOD MSN), Clinical InstructorMs. Pratiksha Aidale organized the exhibition. We started exhibition program with introduction about World Lung Day and explained the theme of 2023. Third semester students explained the points regarding their models.

1. Healthy Lung & its importance
2. Diseased Lung and ways to identify it.
3. Cost effective ways to keep the lungs healthy.

The creativity of the students displayed colorfulness and use of cost-effective material in the form of Model preparation was highly appreciated. Students appreciated the innovative method of learning.

The session concluded with Vote of thanks by Ms. Pratiksha Aidale of Nursing department.


Prof. Dr. Madhuri Shelke

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Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.





 **GPS Map Camera**

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Maharashtra 411037, India

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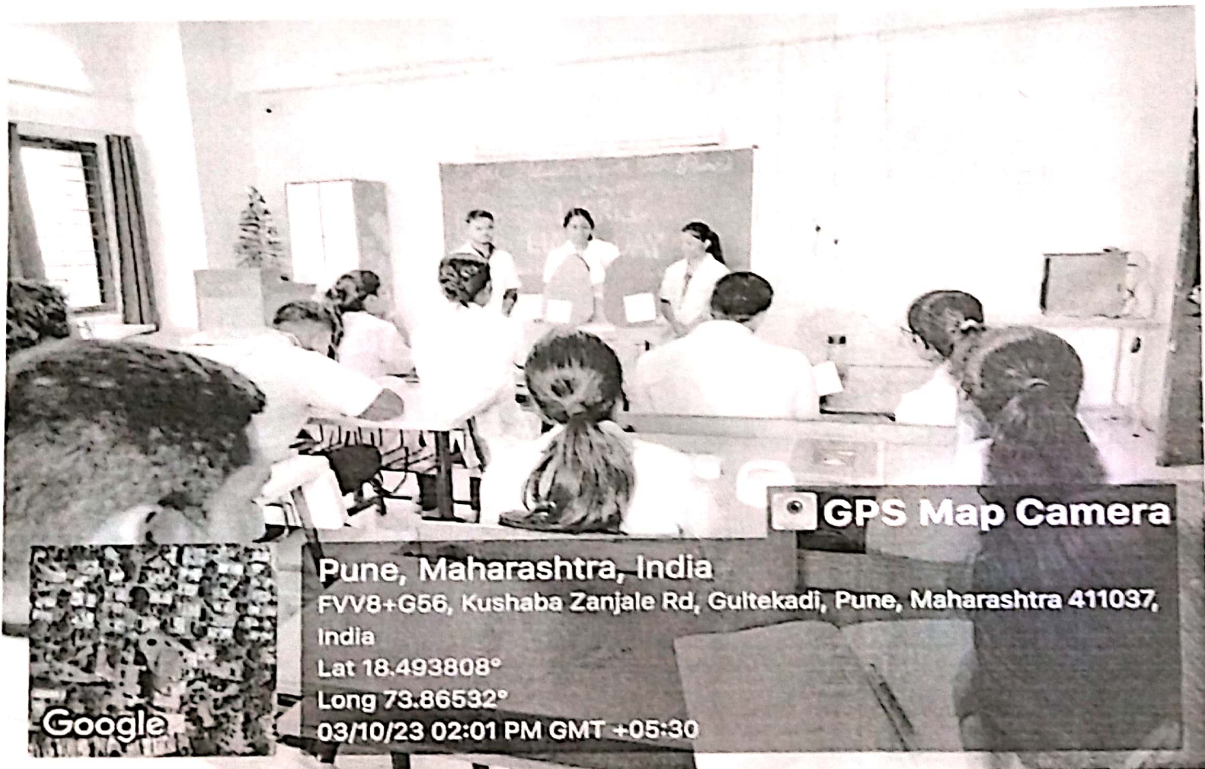
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**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT-Seminar on 'World Trauma Day'

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE -20/10/2023 Time - 5.00 pm - 6 pm.

PARTICIPANTS: Third semester B.Sc. Nursing Students

SPEAKER: Ms. Pratiksha Aidale

VENUE: Third semester B. Sc classroom.

THEME: "Embracing Resilience, overcoming trauma's impact"

World Trauma Day is celebrated on 17th October every year and is dedicated to educate people about the causes and consequences of trauma, and promote trauma care & prevention strategies. Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) & Dr. Perpetua Fernandes (HOD MSN), Clinical Instructor Ms. Pratiksha Aidale presented the Seminar

The main objective of this program was to raise awareness about trauma, its causes, symptoms, and prevention. Trauma encompasses emotional responses to accidents, injuries, physical violence, rape, natural disasters, or any incident affecting an individual both physically and mentally. The primary goal of the seminar is to educate people about the causes and consequences of trauma and to promote strategies for trauma care and prevention.. The theme of 2023 was explained. Third semester students have attended the seminar and understood the importance of the day. Seminar included following points

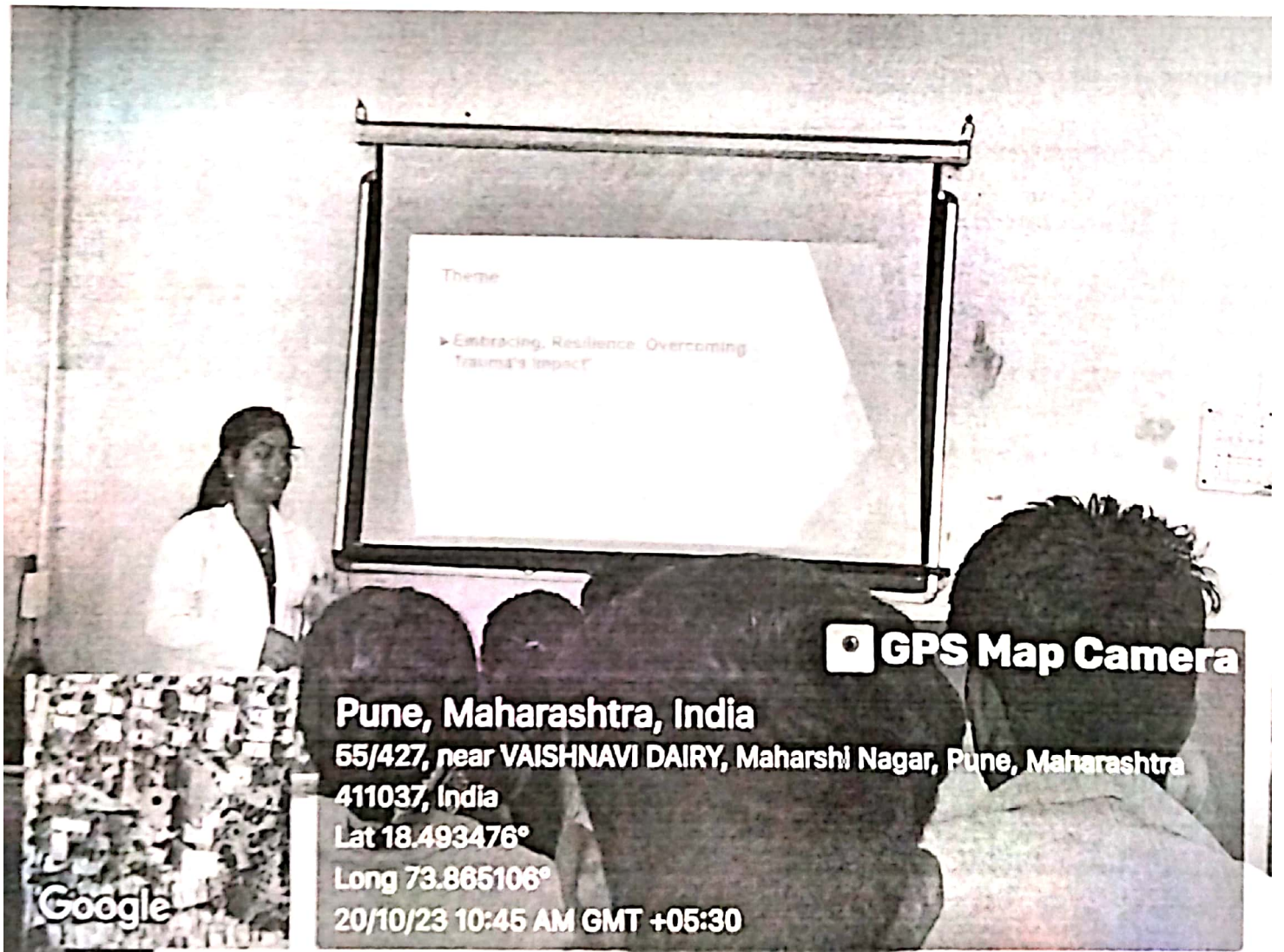
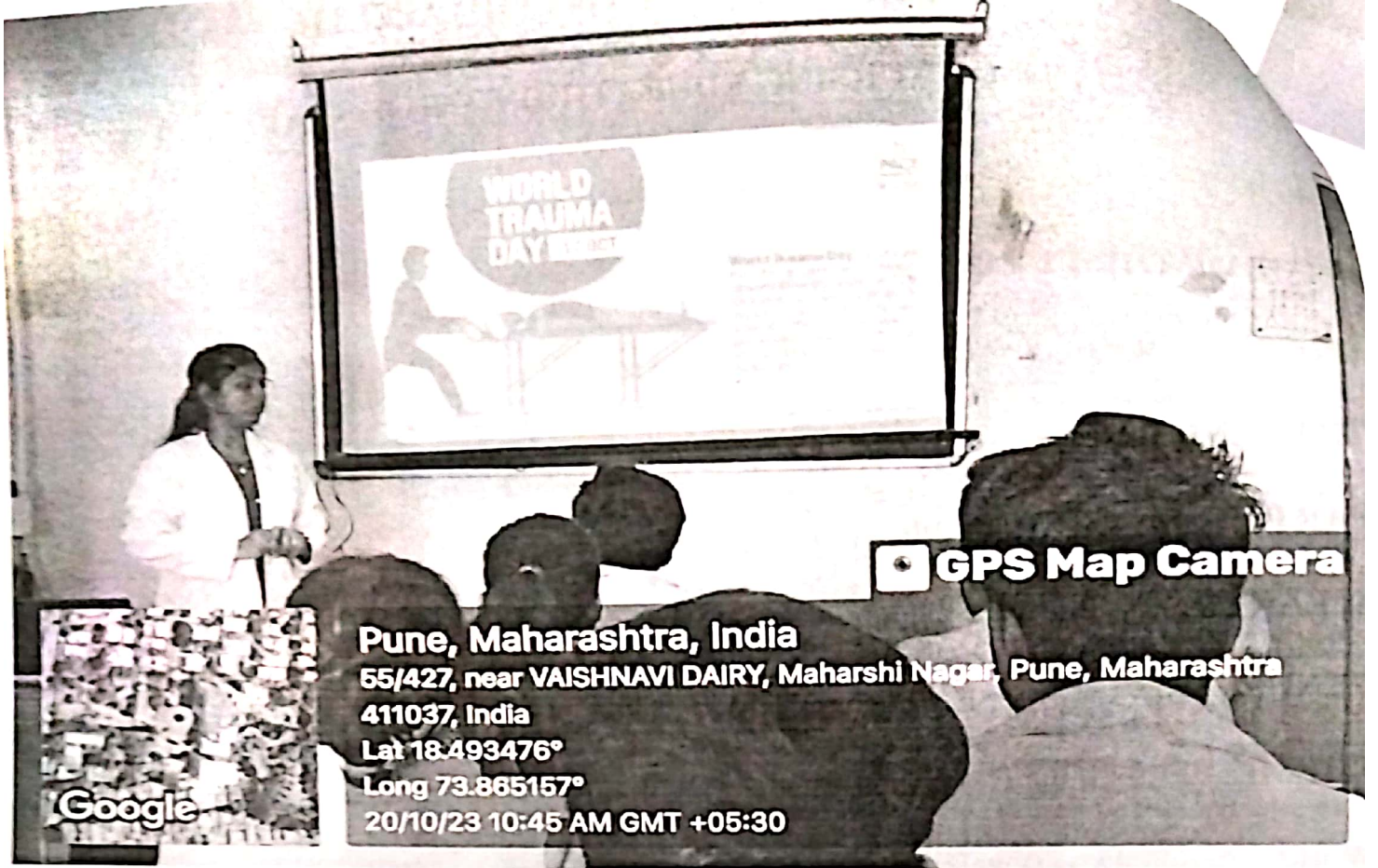
1. What is Trauma?
2. History behind the celebration of the day
3. Measures to take care for patients with trauma and
4. Trauma centers and helpline in India

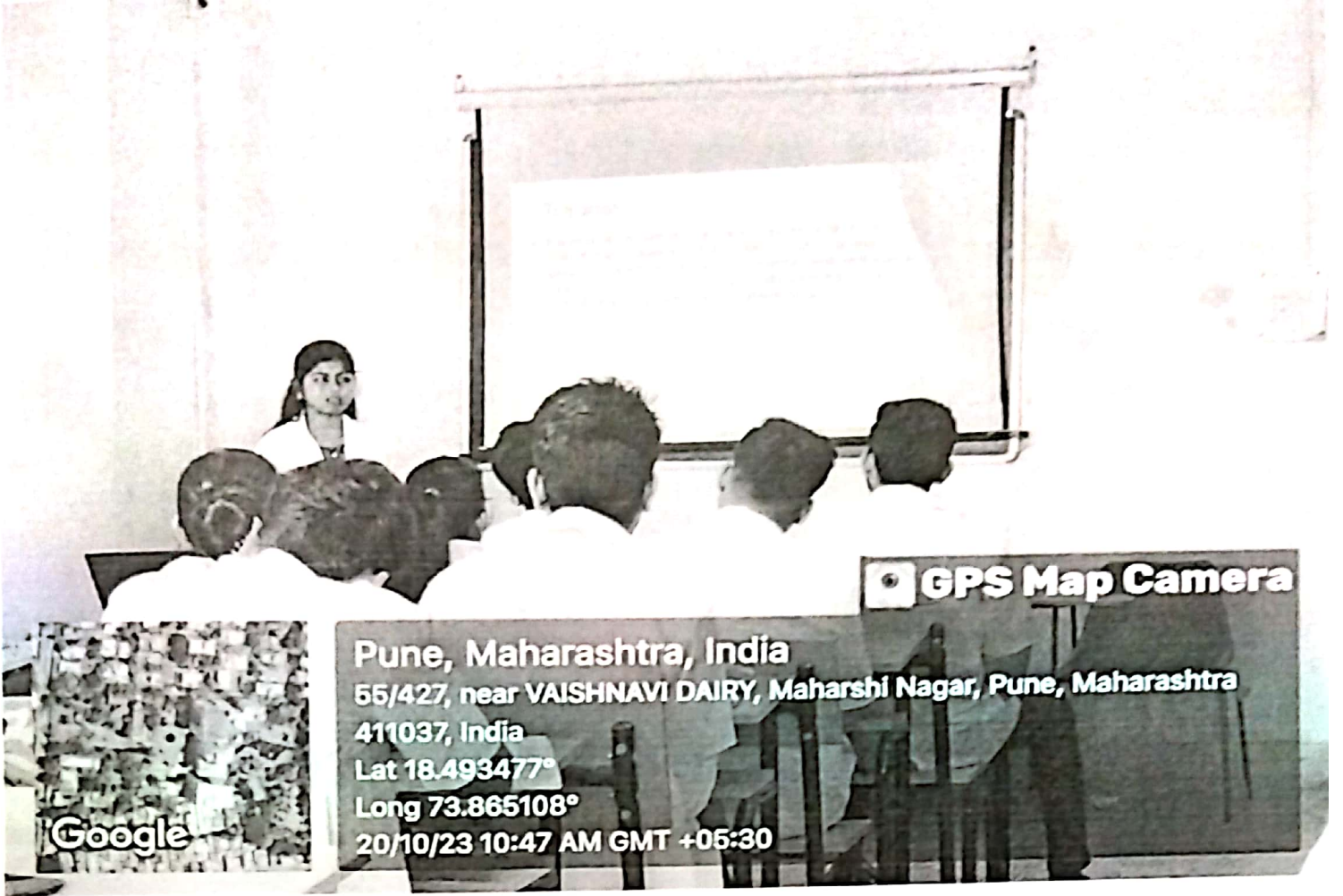
The session concluded with Vote of thanks by Ms. Pratiksha Aidale of Nursing department.


Prof. Dr. Madhuri Shelke

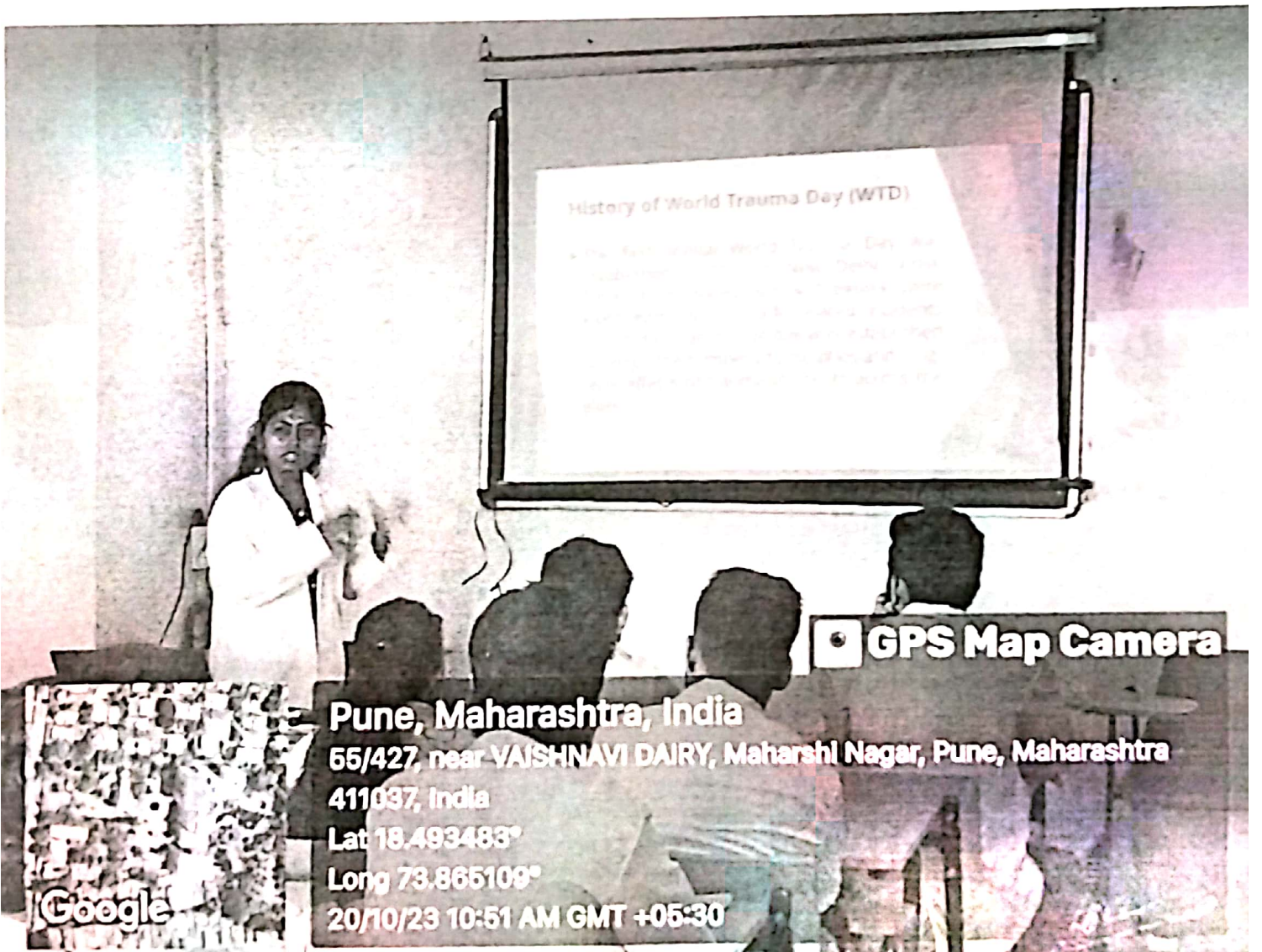
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**TILAK MAHARASHITRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- Skill Station On 'ANC Assessment'.

ORGANIZER:Nursing Department

TIME AND DATE – 14/10/2023 Time –2:30-3:30 Pm.

SPEAKER:Ms. Radha W.Shinde

PARTICIPANTS : ANM Second Year Students.

VENUE: Skill Lab

TOPIC ADDRESSED:

- Introduction to ANC assessment
- Meaning of Antenatal Assessment
- Definition of Antenatal Assessment
- Format to write Antenatal Assessment
- Role of Midwifery Nurse in Antenatal Counseling, Diet and Exercise.

Objectives:

Overall Objective: It is to ensure a normal pregnancy with delivery of a healthy baby from a healthy mother.

Specific objectives:

- To ensure the health status of the mother and the fetus, to formulate the plan of subsequent management.
- To monitor the growth and development of the fetus.
- To calculate the estimated date of birth.




- To obtain the baseline information against which the subsequent changes are assessed and which are of importance in the determination of the gestational age.
- To screen the 'high risk cases'.
- To prevent or to detect and treat the earliest any complications.
- To ensure continued medical surveillance and prophylaxis.

Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) I have conducted Skill station on ANC Assessment. The goal of conducting the skill station was to create the awareness about early complications and to improve the knowledge of antenatal mothers regarding ANC assessment.

The session was very interactive along with discussion regarding the ANC counseling, ANC diet and ANC Exercises. Along with this I have explained the format to write ANC Assessment.

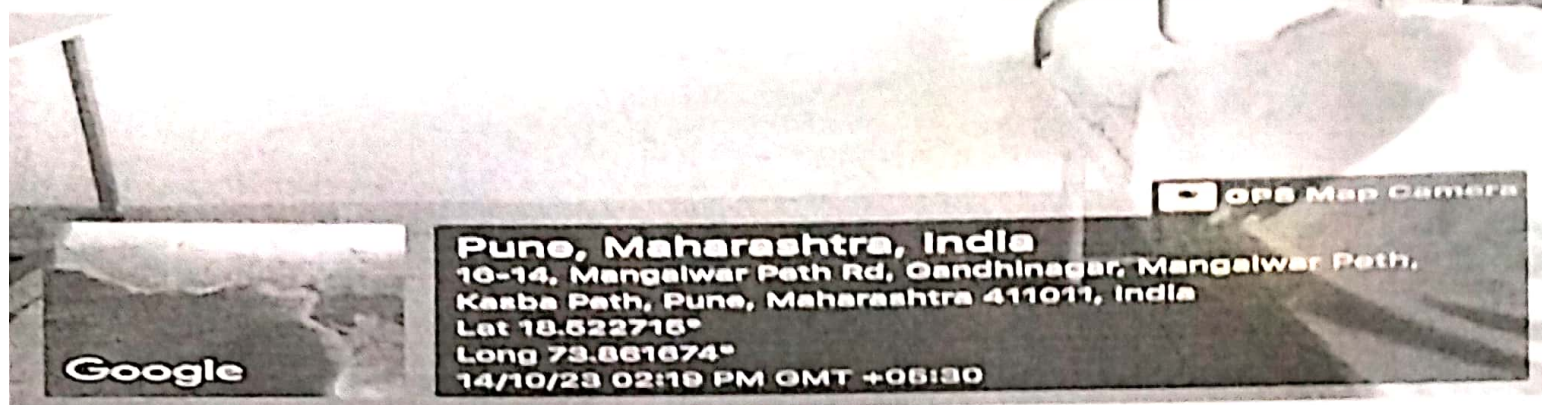
At the end of the session, the effectiveness of the seminar was assessed through the question and answers and re-demonstration of ANC Assessment.


Prof. Dr. Madhuri Shelke
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TILAK MAHARASHTRA VIDYAPEETH
Institute of Nursing Education & Research

SKILL LAB

SKILL STATION ON ANC AGE



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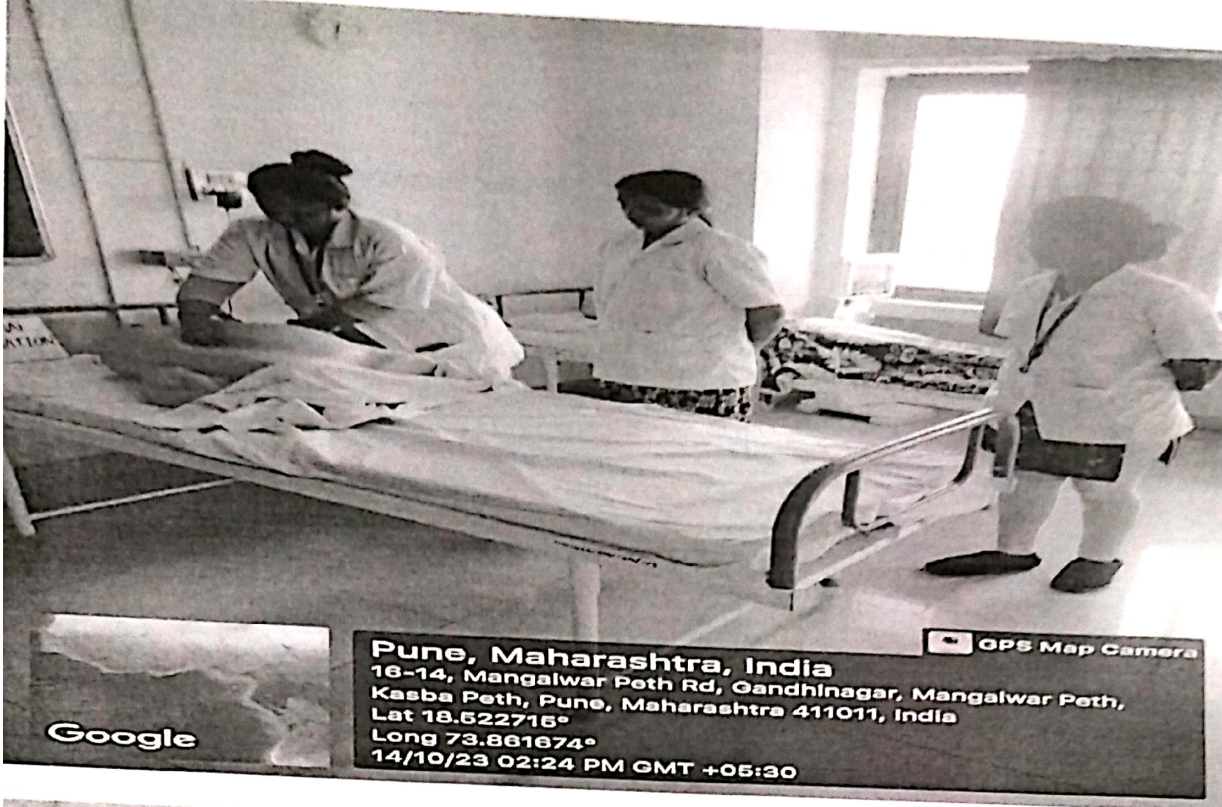
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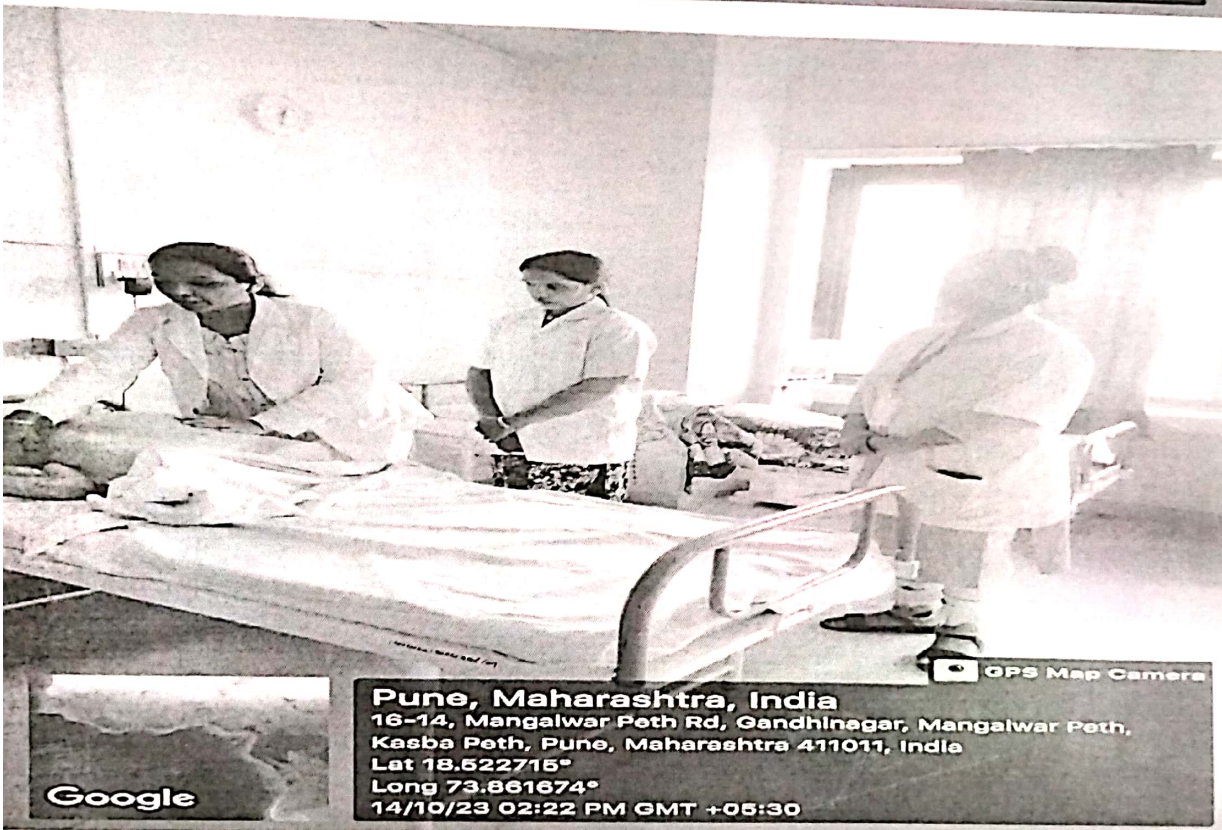
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**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, GULTEKDI, PUNE**

Name of the event: State-level workshop on Ego, Mind, and Intelligence -the lethal gang

Organizer: D.E. Society's Smt. Subhadra K Jindal College of Nursing

Venue: D.E. Society's Smt. Subhadra K Jindal College of Nursing

Date and time: 27/10/2023 at 9 am-5.30 pm

Participants: 1st Semester BSc Nursing Students


Speaker: Mrs. Savita Kharat & Sonali Kendre

Tilak Maharashtra Vidyapeeth, Institute of Nursing Education and Research had participated in the workshop on Ego, Mind, and Intelligence -the lethal gang 1st-semester students Mrs. Savita Kharat, Ms. Sonali Kendre, and 31 students of the first Semester B.Sc Nursing. They were involved in a workshop on ego, mind, and intelligence in the lethal gang. At the beginning of the session, knowledge was assessed by asking pretest questions, about the importance of ego, and mind. They were made aware of ego, mind, and intelligence.

Topic Addressed:

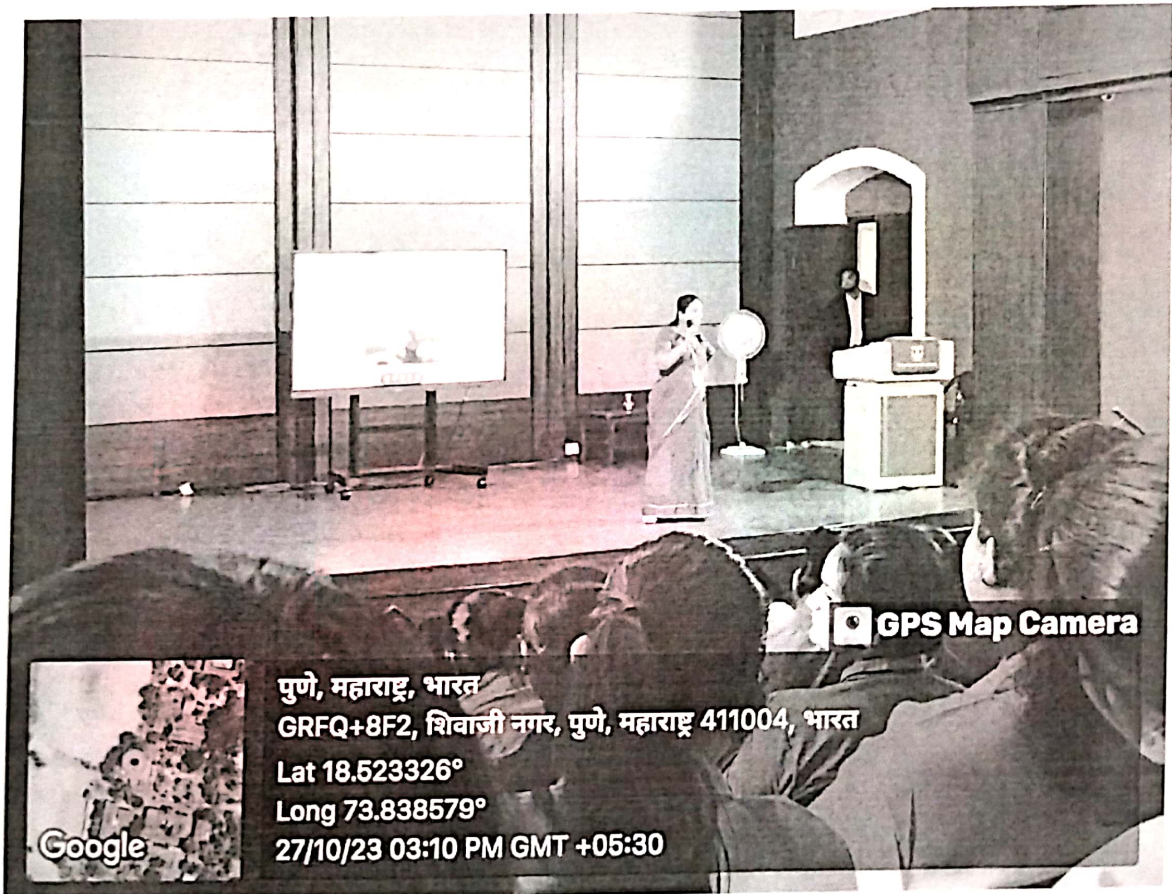
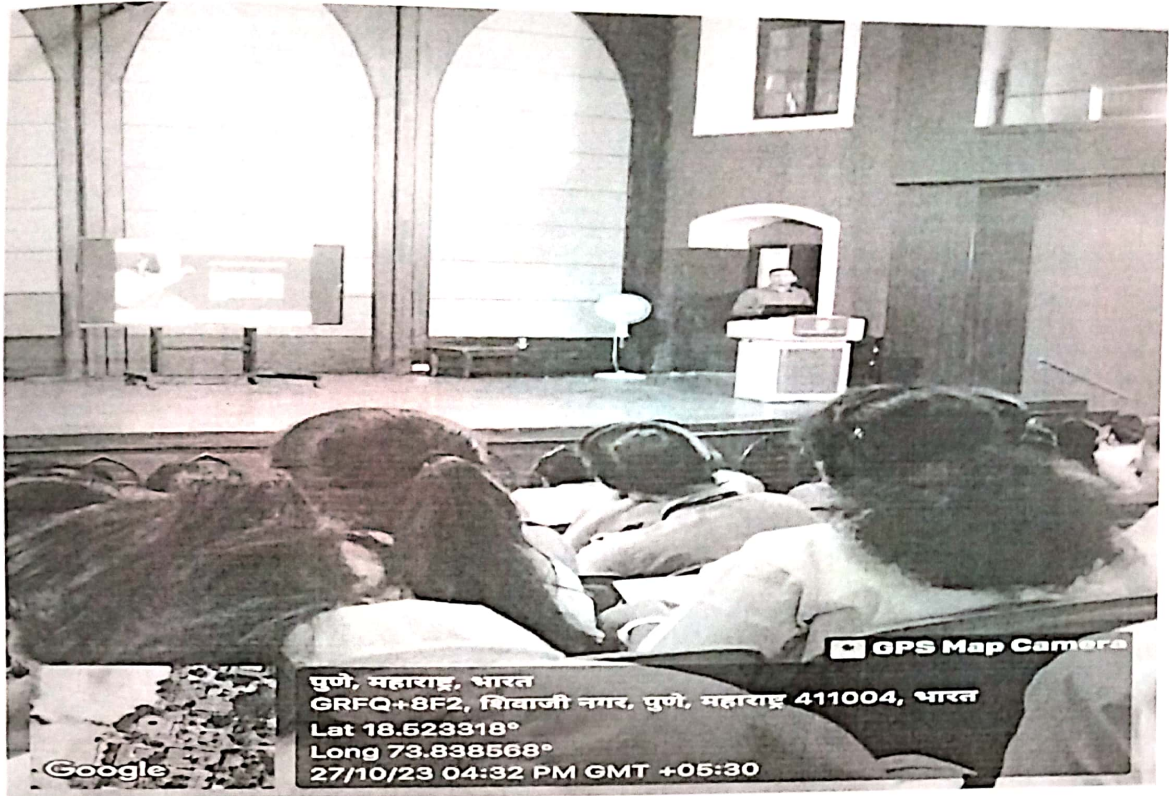
- Introduction about ego and its significant
- Types of Ego
- Ego impact on self-esteem
- The role of intelligence and definition
- Intelligence relationship with ego
- Mind your mind
- The case study on lethal gang

The students expressed that it was beneficial and has increased knowledge regarding ego, mind, and intelligence. After the session, questions were asked to the students to assess the effectiveness of the workshop. The session ended with a vote of thanks by all speakers.


Principal

Principal
Prof. Dr. Madhuri Shelke

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Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.



**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- Seminar on 'World Anesthesia Day'

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE – 20/10/2023 Time – 10 am - 11 am.

PARTICIPANTS: Third semester B.Sc. Nursing Students

SPEAKER: Ms. Pratiksha Aidale

VENUE: Third semester B. Sc classroom.

THEME: "Anesthesia and Cancer Care"

World Anesthesia Day is celebrated on 16th October every year and this year's theme emphasizing the crucial role of anesthesia in cancer treatment.

Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) & Dr. Perpetua Fernandes (HOD MSN), Clinical Instructor Ms. Pratiksha Aidale presented the Seminar. The main objective of this program was to raise awareness of the vital role that anesthesia plays in the treatment of cancer and advocating for strengthening anesthesia services to enhance cancer patient outcomes. We started the seminar with introduction about World Anesthesia Day and explained the theme of 2023. Third semester students have attended the seminar and understood the importance of the day.

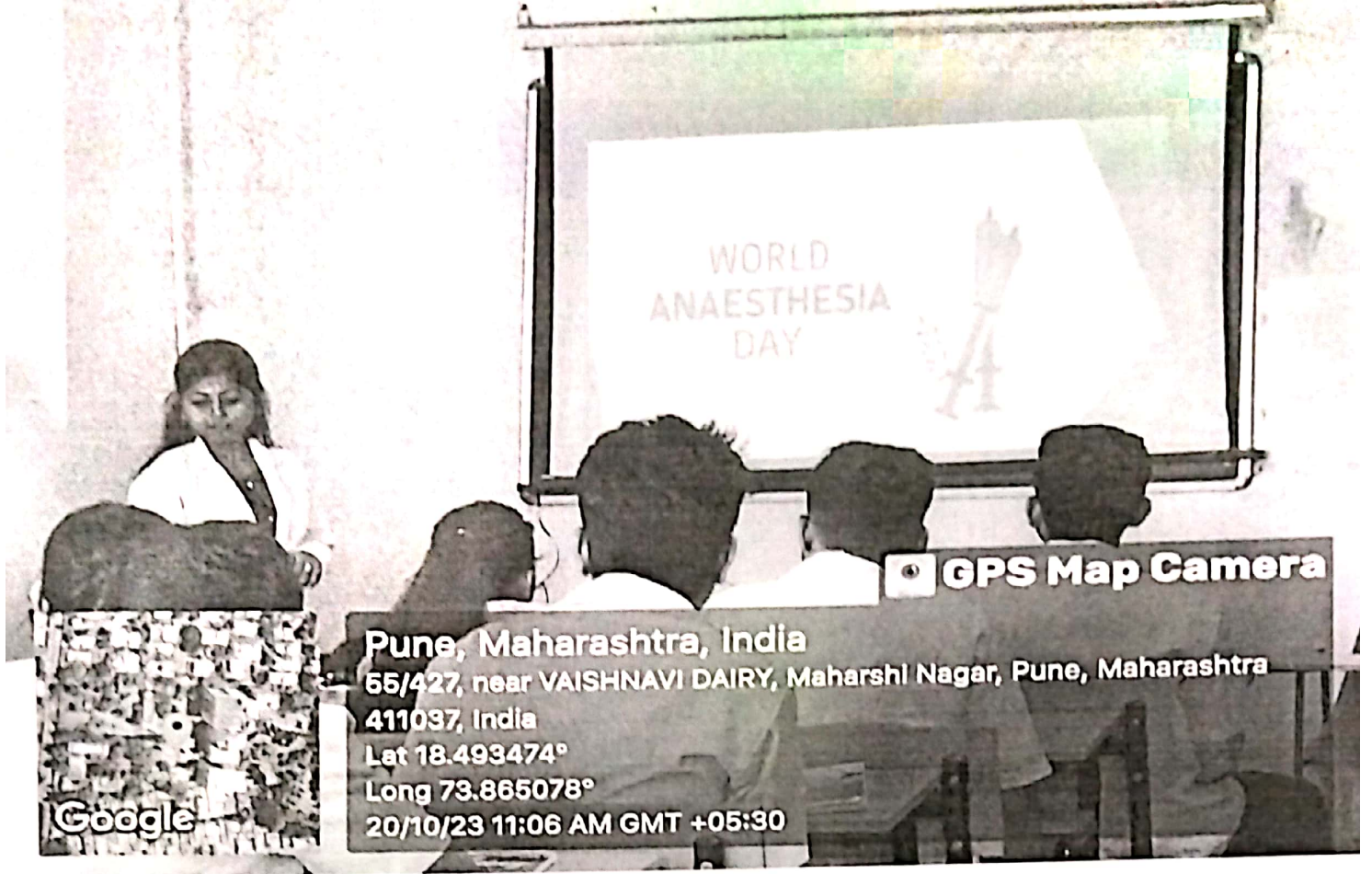
As the global burden of cancer is increasing the seminar included following points

1. Prevalence and importance of the Cancer prevention
3. Significance of the anesthesia in managing the Cancer patient care.

The session concluded with Vote of thanks by Ms. Pratiksha Aidale of Nursing department.


Prof. Dr. Madhuri Shelke

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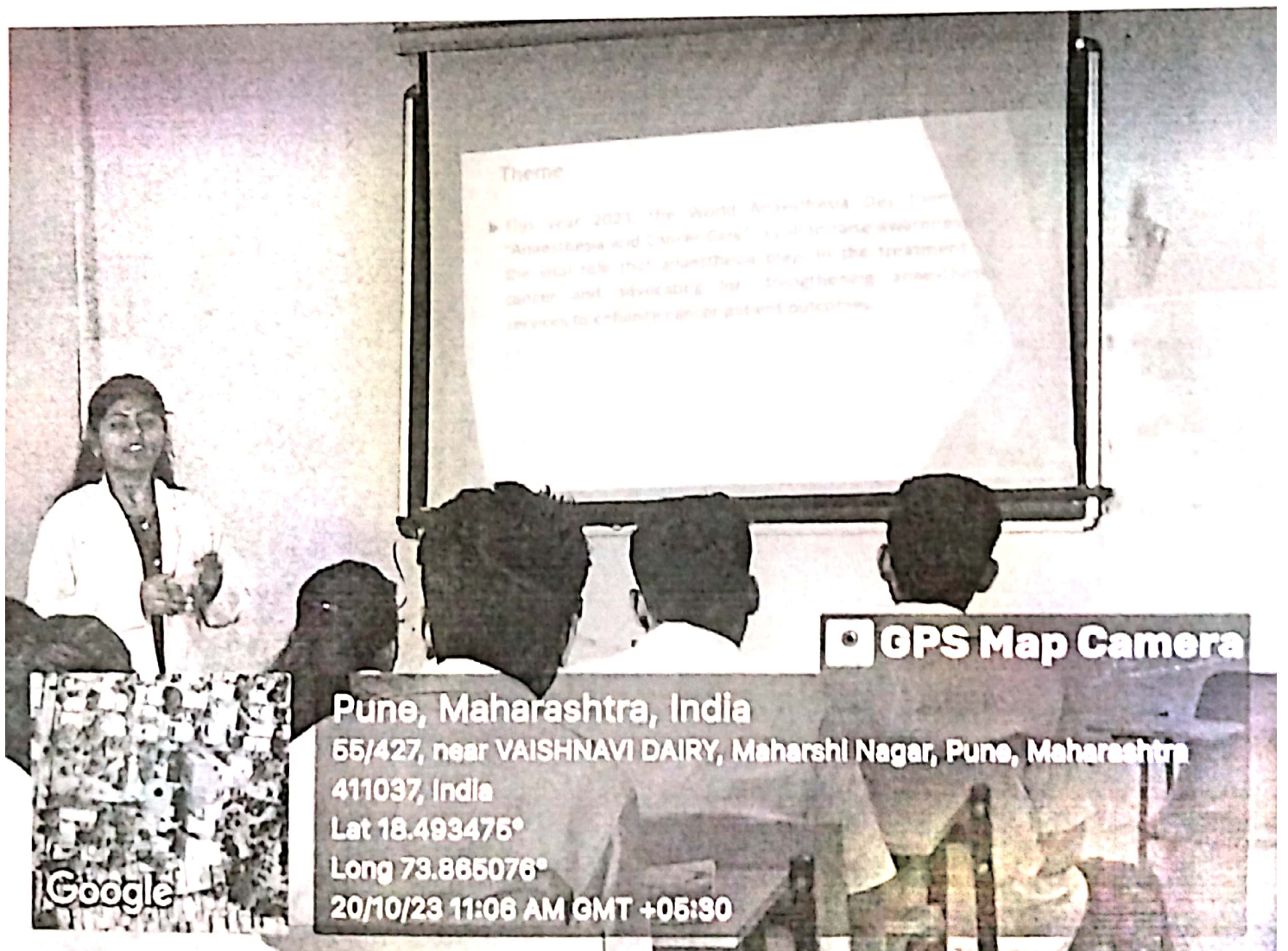


WORLD ANAESTHESIA DAY

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Theme

► For year 2021, the World Anaesthesia Day Theme "Respiratory and Critical Care" is all to raise awareness, center and investing for strengthening anaesthesia services to enhance and improve patient outcomes.

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TILAK MAHARASHTRA VIDYAPEETH
INSTITUTE OF NURSING EDUCATION AND RESEARCH
GULTEKDI PUNE

DATE: 02/10/2023

TIME : 10 AM Onwards

NAME OF FACULTY : Ms. Sneha Patil, Ms Suzie Sabale

VENUE:

Total No. of Participants:

Introduction:

On the occasion of Birth anniversary of Mahatma Gandhiji, Father of Nation and Following his teachings and lessons, Swachh Bharat Mission campaign was organised. This vision was translated into action by bringing in community participation for clean area and integrated waste management and making the area of Meenatai Thakare Vasahat clean . All the year nursing students of B.Sc Nursing students organised rally to bring awareness and to keep surrounding clean among community people .

CENTRAL OBJECTIVE:

To contribute in Swachh Bharat Abhiyan activity & undertake cleanliness drive

ACTIVITIES:

Students gathered in the Tilak Maharashtra Vidyapeeth campus and began the Swachhata Abhiyan with a rally creating awareness. Students shouted slogans and the Mantras to keep the surrounding clean. The students then started cleaning the area and segregated the waste accordingly making the area clean. Students also took care of themselves while demonstrating and exhibiting their values of keeping the city clean.

CONCLUSION: The Swachh Bharat Abhiyan is the most significant cleanliness campaign by the Government of India. Youth being the future citizen need to be sensitised about taking care of their area which would lead to clean and green city and a healthy Nation. Students displayed satisfaction and felt a sense of responsibility and took an oath follow it throughout .

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TAKE A PLEDGE

SWACHHATA PAKHWADA

SWACHH BHARAT ACTIVITIES

SWACHHATA PAKHWADA 2023

SWACHHATA PAKHWADA 2022

SWACHH BHARAT PARTI...

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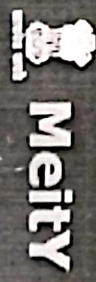
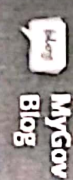
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**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- Old age home visit on “ world alzheimers day’

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE – 4/10/2023 Time – 10-12 Pm.

PARTICIPANTS: Third Year B.Sc. Nursing Students

SPEAKER :Ms. Sneha patil

VENUE: Matoshree old age home

THEME: “Never Too Early, Never Too Late”

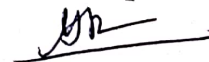
World Alzheimer’s Day is held on 21 September every year and is a dedicated to raising awareness & challenge the stigma around alzheimer’s disease & other dementia. Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune). I given introduction about World Alzheimer’s day and explain theme of 2023 as well as students did various activities for the patient .

- Spending time with patient,
- Patient sharing their experiences
- Playing antakshari
- Story telling
- Music therapy

The session concluded with Vote of thanks by Ms sneha patil lecturer of Nursing department.

Dr. Madhuri Shelke

Principal



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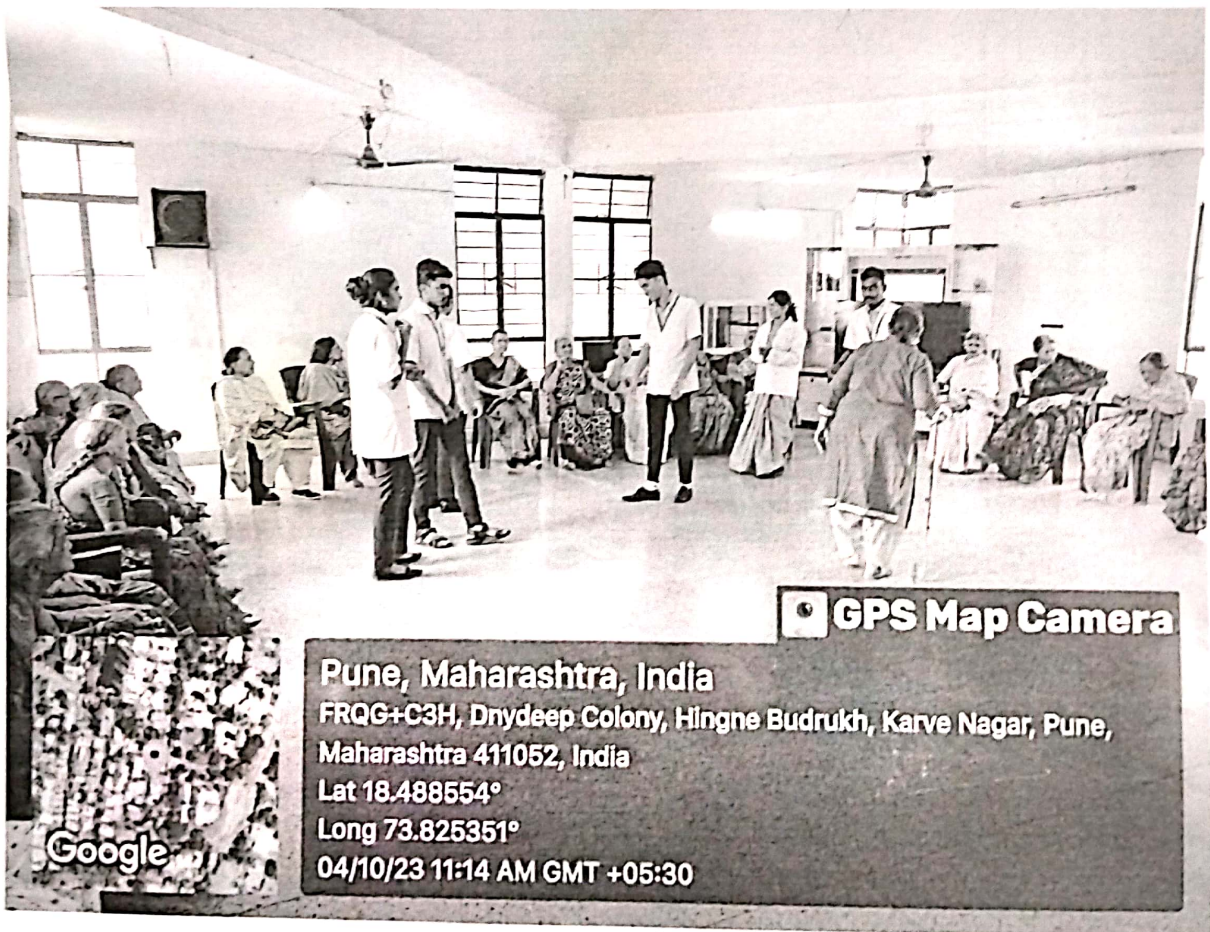




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TILAK MAHARASHTRA VIDYAPEETH, TRUST
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VISIT REPORT ON
MATOSHREE OLD AGE HOME



VISIT TO OLD AGE HOME

INTRODUCTION- As part of curriculum college planned & organized visit to old age home at Matoshree old age home, Pune for under the guidance of Dr Madhuri Shelke Principal, TMV, INER , Pune.

AIMS OF VISIT

1. To explore out the physical set up of the institution.
2. To find out the organizational structure of institute
3. To known the how service & facilities provided to them
4. To make them feel special
5. To make them happy & bring smile on their face

OLD AGE HOME ‘ Old age home is a multi residence housing facilities intended for senior citizen’

INTRODUCTION- We (Ms. Sneha Patil, lecturer TMV,INER & Third year Basic B.Sc nursing students) reached their on 5/10/2023 at 10 am. Firstly, we gathered in the Matoshree hall where manger of institution gave introduction about the institution organization & facilities rendered by them. Later on he gave us the orientation of institution & introduced us to their members. There were 50 Capacity for male & 50 for female elderly. At present 35 elderly male & 45 elderly female in old age home.

The third year basic b.sc nursing students interacted beat the elderly followed by an entertainment program with music action songs & game as well as painting & drawing activity for them. The inmates were very happy & blessed everyone.

It was a joyous occasion with full of satisfaction that the students could bring some rays of happiness among the elderly. It was pleasure witnessing of such wonderful work i.e. unconditional services.

OBJECTIVES OF OLD AGE HOME

1. To help needy aged irrespective of cast or creed . to provide food, shelter & clothing.
2. To provide medical care to improve health
3. To provide companionship, emotional support, occupation & recreational facilities & activities to overcome social isolation.
4. To promote self – confidence

LOCATION – Pune Karve Nagar

BED-100

FACILITIES

1. Proper lighting & drinking water supply
2. It has material for recreation like TV, Library facilities, musical instruments
3. Provide food & cloth to the aged people
4. To provide bed for elders person.
5. To provide all basic need of life
6. Every week routine health check-up is provided.

SPECIAL CARE TO OLD AGE PEOPLE BY GIVING- “ Respect, love & affection”

CONCLUSION - By visiting old age home we gained knowledge about the feeling of the older services & facilities provided to them & how old age home is maintained.

Dr. Madhuri Shelke

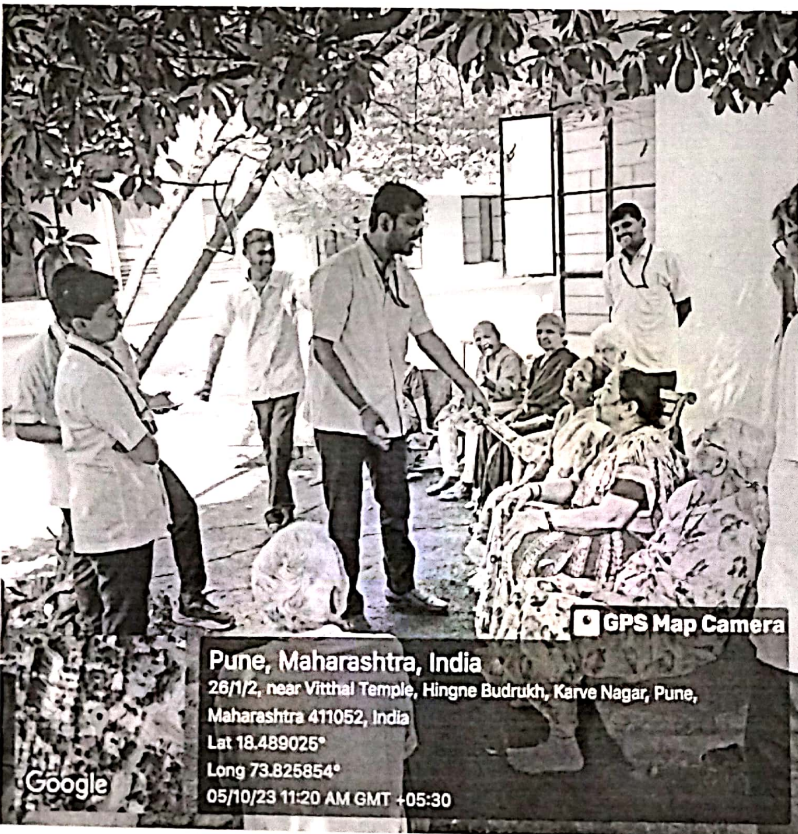


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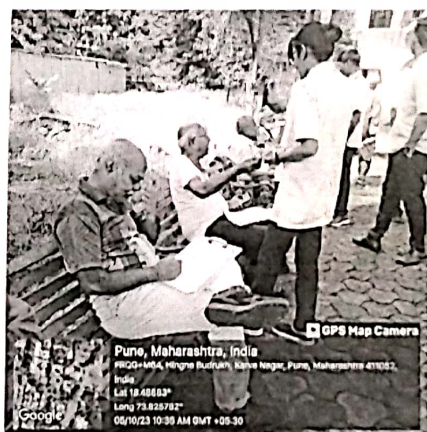
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